

Procedure date: _____ Procedure Time: _____ If you need to reschedule, call: <input type="checkbox"/> Charlynn - (912)777-9032 <input type="checkbox"/> Cynthia - (912)790-2649 <input type="checkbox"/> Briana - (912)790-2645 <input type="checkbox"/> Richard - (912)790-2685 <input type="checkbox"/> Heather - (912)790-2827 Location to report to: <input type="checkbox"/> The Endoscopy Center – (912)303-4200 / (1139 Lexington Avenue) <input type="checkbox"/> Bluffton Okatie Surgery Center – (912)303-4200 / (40 Okatie Ctr Blvd S Ste 125, Okatie, SC) <input type="checkbox"/> Memorial – (912)350-7832 / (Memorial Outpatient & Wellness Center) <input type="checkbox"/> Candler Hospital – (912)819-6800 / (Professional Building) <input type="checkbox"/> St. Joseph’s Hospital – (912)819-2171 / (Day Surgery/Imaging Emergency Entrance, 2 nd Fl.)	Check in Time: _____ Physician: _____	FOLLOW UP APPOINTMENT is scheduled for: Date: _____ Check in Time: _____ Appointment Time: _____ Physician: _____ Mid-level Provider: _____ Location to report to: <input type="checkbox"/> 1139 Lexington Avenue, Savannah – (912)303-4200 <input type="checkbox"/> 140 Traders Way, Pooler <input type="checkbox"/> 40 Okatie Ctr Blvd S Ste 210, Okatie, SC
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Flexible Sigmoidoscopy/Pouchoscopy – A procedure performed to help identify problems in the sigmoid colon. You will be sedated and the procedure usually takes 20 minutes.

- Do NOT Stop taking:** Aggrenox Brilinta Coumadin Effient Eliquis Plavix Pradaxa _____
 STOP taking: Aggrenox Brilinta Coumadin Effient Eliquis Plavix Pradaxa _____ for _____ days before procedure

Have you signed up for your patient portal yet? If not, please visit our website www.savannahgi.com to sign up and you can also find additional information such as: Colonoscopy prep instructions, FAQ’s and additional services provided.

******To ensure that you are prepped correctly, please ONLY follow these patient instructions******

7 DAYS BEFORE PROCEDURE

 **STOP** ALL iron tablets and fiber supplements: (Metamucil, Citrucel, Fibercon, Benefiber, Konsyl, etc) along with corn, beans, nuts and seeds.

Make sure you have your bowel preparation.

Make arrangements for a responsible adult to come with you and **REMAIN** in the facility until you are discharged.

Your responsible adult must drive you home and be present with you the remainder of day.

There are no exceptions. You are not allowed to take a bus, taxi or leave the facility **ALONE**.

If you do not have a responsible adult with you to take you home, your exam cannot be done and will be cancelled.

2 DAYS BEFORE PROCEDURE

If unable to keep your procedure appointment, please call 912-303-4200 to cancel.

For patients who do not show for a procedure or do not cancel 2 days prior to their scheduled procedure time, a \$150 fee will be charged.

THE NIGHT BEFORE YOUR PROCEDURE

Date: _____
 Please **do not eat solid foods** after midnight. You may continue to have clear liquids up until 4 hours before the procedure.

Clear liquids consist of coffee and/or tea with artificial sweeteners ONLY- (no milk, cream or sugar). Other choices are: water, diet sodas, beef and/or chicken broth, sugar free Jell-O and popsicles.

Adequate hydration is very important.

AVOID red or purple food coloring.

NO SOLID FOODS

If you are a diabetic and experiencing low blood sugar, you may take small sips of white grape juice.

There are two options for prepping for your procedure:

Option #1:

At 6pm, the day prior to the procedure, take one bottle of Magnesium Citrate. 1 hour before leaving your home in route to your procedure, take 1 Fleets Enema. Retain the enema 10 minutes before expelling it.

OR

Option #2:

2 hours before leaving your home in route to your procedure, take 1 Fleets Enema. Retain the enema for 10 minutes before expelling. Repeat this step 1 hour before leaving your home.

THE MORNING OF YOUR PROCEDURE

Date: _____
 You should **only** take blood pressure, heart, thyroid and/or seizure medications with a **SMALL SIP** of water.

4 HOURS BEFORE PROCEDURE

Time: _____
STOP drinking ALL liquids including water. Anesthesia **may** cancel your procedure, if you have had **ANY** liquids within 4 hours before your procedure.

If you are diabetic: Do NOT take oral medication or insulin the morning of the procedure. However, if you are on an insulin pump, continue the basal rate only.

Reminders:

NO smoking prior to anesthesia on the day of your procedure

Please bring a list of all your current medications, including any allergy or over-the-counter medications.

Bring your current insurance card. Please wear comfortable, loose fitting clothing that is easy to step into. Please leave all jewelry and valuables at home.

After your procedure is completed, you will NOT be able to drive, make any business decisions or perform any potentially risky work duties, so please plan accordingly.

If you have any questions or problems, please call us at 912-303-4200.