

Procedure date: _____ Check in Time: _____
 Procedure Time: _____ Physician: _____

FOLLOW UP APPOINTMENT is scheduled for:
 Date: _____
 Check in Time: _____
 Appointment Time: _____
 Physician: _____
 Mid-level Provider: _____

Location to report to:

- o The Endoscopy Center – (912)303-4200 / (1139 Lexington Avenue)
- o Memorial – (912)350-7832 / (Memorial Outpatient & Wellness Center)
- o Candler Hospital – (912)819-6800 / (Professional Building)

Location to report to:

- o 1139 Lexington Avenue, Savannah – (912)303-4200
- o 140 Traders Way, Pooler
- o 40 Okatie Ctr Blvd S Ste 210, Okatie, SC

Upper GI Endoscopy, EGD with BRAVO Placement – This procedure is a visual examination of the upper intestinal tract using a lighted, flexible fiberoptic or video endoscope. A small PH Capsule is temporarily attached to the wall of the esophagus. You will be sedated and the procedure usually takes 30-60 minutes. After insertion, the patient should resume his/her normal activities. Patients will be asked to keep a log of his/her activities. A BRAVO receiver will go home with patient for 48 hours and must be returned to the office after completion of the study along with the completed Diary. The receiving will automatically shut off after the 48 hours.

- Do NOT Stop taking: Aggrenox Brilinta Coumadin Effient Eliquis Plavix Pradaxa _____
 - STOP taking:** Aggrenox Brilinta Coumadin Effient Eliquis Plavix Pradaxa _____ for _____ days before procedure
- Have you signed up for your patient portal yet? If not, please visit our website www.savannahgi.com to sign up and you can also find additional information such as: Procedure instructions, FAQ's and additional services provided.

******To ensure that you are prepped correctly, please ONLY follow these patient instructions******

10 DAYS BEFORE PROCEDURE



STOP taking the following medications prior to the procedure: Prilosec, Prevacid, Protonix, Aciphex, Nexium, Carafate, Zantac, Pepcid, and Reglan, unless otherwise instructed.

ONLY take Tums, Maalox, or Mylanta until the day prior to your procedure.

7 DAYS BEFORE PROCEDURE

Make arrangements for a responsible adult to come with you and **REMAIN** in the facility until you are discharged.

Your responsible adult must drive you home and be present with you the remainder of the day.

There are no exceptions. You are not allowed to take a bus, taxi or leave the facility **ALONE**.

If you do not have a responsible adult with you to take you home, your exam cannot be done and will be cancelled.

2 DAYS BEFORE PROCEDURE

If unable to keep your procedure appointment, please call 912-303-4200 to cancel.

For patients who do not show for a procedure or do not cancel 2 days prior to their scheduled procedure time, a \$150 fee will be charged.

THE NIGHT BEFORE YOUR PROCEDURE:

DATE: _____
 Please **do not eat solid foods** after midnight.

Your stomach must be completely empty for an adequate examination. You may continue to have clear liquids up until 4 hours before the procedure.

THE MORNING OF YOUR PROCEDURE

DATE: _____
 You should **only** take blood pressure, heart, thyroid and/or seizure medications with a **SMALL SIP** of water.

4 HOURS BEFORE PROCEDURE

DATE: _____



STOP drinking ALL liquids including water. Anesthesia may cancel your procedure, if you have had ANY liquids within 4 hours before your procedure.

If you are diabetic: Do NOT take oral medication or insulin the morning of the procedure. However, if you are on an insulin pump, continue the basal rate only.

Discharge Instructions:

Continue your normal activity and diet during the study.

1. It is very important that you keep an accurate diary during your study
2. Record the following on your diary:
 - *Meal start & stop time
 - *All foods/liquids, other than water
 - *All medications taken during the study
 - *Any painful symptoms
 - *Other activities
 - *Coughing
 - *Smoking
 - *The time that you lay down
 - *The time that you get up
3. Protect the receiver from getting wet or dropped
4. Record heartburn, regurgitation and chest pain by pressing the appropriate symptom button on the receiver. The green indicator light turns on for 3 seconds and a beep is heard



Do not take any of the following medications for 48 hours after your procedure unless otherwise instructed:

Prilosec, Prevacid, Protonix, Aciphex, Nexium, Carafate, Zantac, Pepcid and Reglan
Do not have an MRI performed for 30 days after the procedure.

Do not have any diagnostic tests performed during the 48 hour study.

Some patients feel a vague sensation of something in their esophagus, mostly at meal times. The capsule dislodges between 7-10 days and will pass normally through the GI tract.

Reminders:



You should NOT undergo a BRAVO placement if you have any of the following: bleeding tendencies, strictures, severe esophagitis, varices, obstructions, pacemaker, implantable cardiac defibrillator, or sensitivities or allergies to the metals chromium, nickel, copper, cobalt, and iron.

NO smoking prior to anesthesia on the day of your procedure.

Please bring a list of all your current medications, including any allergy or over-the-counter medications.

Bring your current insurance card.

Please wear comfortable, loose fitting clothing that is easy to step into.

Please leave all jewelry and valuables at home.

After your procedure is completed, you will NOT be able to drive, make any business decisions or perform any potentially risky work duties, so please plan accordingly.

If you have any questions or problems, please call us at 912-303-4200.