

Procedure date: _____ Check in Time: _____ Procedure Time: _____ Physician: _____	<b>FOLLOW UP APPOINTMENT is scheduled for:</b> Date: _____ Check in Time: _____ Appointment Time: _____ Physician: _____ Mid-level Provider: _____	<b>If you need to reschedule, call:</b> <input type="checkbox"/> Charlynn - (912)777-9032 <input type="checkbox"/> Cynthia - (912)790-2649 <input type="checkbox"/> Briana - (912)790-2645 <input type="checkbox"/> Richard - (912)790-2685 <input type="checkbox"/> Heather - (912)790-2827
<b>Location to report to:</b> o The Endoscopy Center – (912)303-4200 / (1139 Lexington Avenue) o Bluffton Okatie Surgery Center – (912)303-4200 / (40 Okatie Ctr Blvd S Ste 125, Okatie, SC) o Memorial – (912)350-7832 / (Memorial Outpatient & Wellness Center) o St. Joseph’s Hospital – (912)819-2171 / (Day Surgery/Imaging Emergency Entrance, 2 <sup>nd</sup> Floor) o Candler Hospital – (912)819-6800 / (Professional Building)		<b>Location to report to:</b> o 1139 Lexington Avenue, Savannah—(912) 303-4200 o 140 Traders Way, Pooler o 40 Okatie Ctr Blvd S Ste 210, Okatie, SC

**COLONOSCOPY – procedure performed to help identify and/or correct a problem in the colon. You will be sedated before an endoscope is inserted through the anus and gently moved around the bends of the colon. The procedure usually takes 30-60 minutes.**


- Do NOT Stop taking:**  Aggrenox  Brilinta  Coumadin  Effient  Eliquis  Plavix  Pradaxa  \_\_\_\_\_  
 **STOP taking:**  Aggrenox  Brilinta  Coumadin  Effient  Eliquis  Plavix  Pradaxa  \_\_\_\_\_ for \_\_\_\_\_ days before procedure

Have you signed up for your patient portal yet? If not, please visit our website [www.savannahgi.com](http://www.savannahgi.com) to sign up and you can also find additional information such as: Colonoscopy prep instructions, FAQ's and additional services provided.

**\*\*To ensure that you are prepped correctly, please ONLY follow these patient instructions – DO NOT follow instructions from the pharmacist or the prep box\*\***

**7 DAYS BEFORE**

**PROCEDURE -**

 **STOP ALL** iron tablets and fiber supplements: (Metamucil, Citrucel, Fiber-con, Benefiber, Konsyl, etc) along with corn, beans, nuts and seeds.

Make sure you have your bowel preparation.

Make arrangements for a responsible adult to come with you and **REMAIN** in The Endoscopy Center until you are discharged. Your responsible adult must drive you home and be present with you the remainder of day.

**There are no exceptions.** You are not allowed to take a bus, taxi or leave The Endoscopy Center **ALONE.**

If you do not have a responsible adult with you to take you home, your exam cannot be done and will be cancelled.

**2 DAYS BEFORE PROCEDURE**

**If unable to keep your procedure appointment, please call 912-303-4200 to cancel.**

**For patients who do not show for a procedure or do not cancel 2 days prior to their scheduled procedure time, a \$150 fee will be charged.**

**1 DAY BEFORE**

**PROCEDURE –Date:**

Begin a clear liquid diet the morning prior to your procedure and continue throughout the day.

**Adequate hydration is very important.**

This consists of coffee and/or tea with artificial sweeteners ONLY – (NO milk, cream, or sugar). Other choices are: water, diet sodas, beef and/or chicken broth, sugar free Jell-O, and popsicles.

**AVOID red or purple food coloring.**

**NO SOLID FOODS**

If you are diabetic and experiencing symptoms of low blood sugar, you may take small sips of white grape juice.

You may prepare the prep solution if you prefer to refrigerate prior to drinking. The prep solution must be consumed within 24 hours of mixing.

**3:00pm THE DAY BEFORE**

**PROCEDURE-Date:**

Take the 1 bisacodyl tablet with water. DO NOT crush or chew the tablet. Do NOT take the tablet within 1 hour of taking an antacid.

Tear open 1 flavor pack of choice and pour into the Halflytely bottle. Solution can be used with or without the flavor packs provided or you may use a Crystal Light flavor pack. Add drinking water to the top of line on the bottle. Shake to dissolve. Wait for a bowel movement.

After a bowel movement occurs (1-6 hours), begin to drink the solution. However, if a bowel movement does not occur within 6 hours, begin drinking the solution.

Drink an 8 ounce glass every 10-15 minutes until you have consumed your first half of solution. Drink each glass quickly. Put the remainder of solution in the refrigerator.

You may continue to drink clear liquids to maintain hydration.

Alcohol-free baby wipes or Vaseline may help ease skin irritation. Over the counter hydrocortisone creams or Tucks may be used if desired.

**6 HOURS BEFORE PROCEDURE –Time:**

Drink the other half of your prep solution. Drink an 8 ounce glass every 10-15 minutes until you have consumed the remainder of the solution. Drink each glass quickly.

**THE MORNING OF YOUR PROCEDURE:**

You should **only** take blood pressure, heart, thyroid and/or seizure medications with a **SMALL SIP** of water.

**4 HOURS BEFORE PROCEDURE-Time:**

**Your prep must be completed 4 hours prior to your scheduled procedure.**

**STOP drinking ALL liquids including water. Anesthesia may cancel your procedure, if you have had ANY liquids within 4 hours before your procedure.**

**If you are diabetic:** Do NOT take oral medication or insulin the morning of the procedure. However, if you are on an insulin pump, continue the basal rate only.

**Reminders:**

**No smoking prior to anesthesia on the day of your procedure.**

*Please bring a list of all your current medications, including any allergy or over-the-counter medications.*

*Bring your current insurance card.*

*Please wear comfortable, loose fitting clothing that are easy to step into.*

*Please leave all jewelry and valuables at home.*

*After your procedure is completed, you will NOT be able to drive, make any business decisions or perform any potentially risky work duties, so please plan accordingly.*

**If you have any questions or problems, please call us at 912-303-4200.**