


Procedure date: _____ Check in Time: _____ Procedure Time: _____ Physician: _____ <b>If you need to reschedule, call:</b> <input type="checkbox"/> Charlynn - (912)777-9032 <input type="checkbox"/> Cynthia - (912)790-2649 <input type="checkbox"/> Briana - (912)790-2645 <input type="checkbox"/> Richard - (912)790-2685 <input type="checkbox"/> Heather - (912)790-2827 <b>Location to report to:</b> o The Endoscopy Center – (912)303-4200 / (1139 Lexington Avenue) o Bluffton Okatie Surgery Center–(912)303-4200 / (40 Okatie Ctr Blvd S Ste 125, Okatie, SC) o Memorial – (912)350-7832 / (Memorial Outpatient & Wellness Center) o St. Joseph’s Hospital – (912)819-2171 / (Day Surgery/Imaging Emergency Entrance, 2 <sup>nd</sup> Floor) o Candler Hospital – (912)819-6800 / (Professional Building)	<b>FOLLOW UP APPOINTMENT is scheduled for:</b> Date: _____ Check in Time: _____ Appointment Time: _____ Physician: _____ Mid-level Provider: _____ <b>Location to report to:</b> o 1139 Lexington Avenue, Savannah—(912) 303-4200 o 140 Traders Way, Pooler o 40 Okatie Ctr Blvd S Ste 210, Okatie, SC
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**COLONOSCOPY** – procedure performed to help identify and/or correct a problem in the colon. You will be sedated before an endoscope is inserted through the anus and gently moved around the bends of the colon. The procedure usually takes 30-60 minutes.

- Do NOT Stop taking:**  Aggrenox  Brilinta  Coumadin  Effient  Eliquis  Plavix  Pradaxa  \_\_\_\_\_  
 **STOP taking:**  Aggrenox  Brilinta  Coumadin  Effient  Eliquis  Plavix  Pradaxa  \_\_\_\_\_ for \_\_\_\_\_ days before procedure

Have you signed up for your patient portal yet? If not, please visit our website [www.savannahgi.com](http://www.savannahgi.com) to sign up and you can also find additional information such as: Colonoscopy prep instructions, FAQ’s and additional services provided.

**\*\*To ensure that you are prepped correctly, please ONLY follow these patient instructions – DO NOT follow instructions from the pharmacist or the prep box\*\***

<p><b>7 DAYS BEFORE PROCEDURE</b></p> <p> <b>STOP</b> ALL iron tablets and fiber supplements: (Metamucil, Citrucel, Fibercon, Benefiber, Konsyl, etc) along with corn, beans, nuts and seeds.</p> <p>Make sure you have your bowel preparation.</p> <p><b>Purchase the following at your Pharmacy or Grocery Store:</b>          Dulcolax – 4 tablets          Miralax – 238 gram bottle          Gatorade – 64 ounces</p> <p>Make arrangements for a responsible adult to come with you and <b>REMAIN</b> in The Endoscopy Center until you are discharged. Your responsible adult must drive you home and be present with you the remainder of day.</p> <p><b>There are no exceptions.</b> You are not allowed to take a bus, taxi or leave The Endoscopy Center <b>ALONE</b>. If you do not have a responsible adult with you to take you home, your exam cannot be done and will be cancelled.</p>	<p><b>2 DAYS BEFORE PROCEDURE</b></p> <p><b>If unable to keep your procedure appointment, please call 912-303-4200 to cancel.</b></p> <p><b>For patients who do not show for a procedure or do not cancel 2 days prior to their scheduled procedure time, a \$150 fee will be charged.</b></p> <p><b>1 DAY BEFORE THE PROCEDURE –Date: _____</b></p> <p>Begin a clear liquid diet the morning prior to your procedure and continue throughout the day. <b>Adequate hydration is very important.</b></p> <p>This consists of coffee and/or tea with artificial sweeteners ONLY – (NO milk, cream, or sugar). Other choices are: water, diet sodas, beef and/or chicken broth, sugar free Jell-O, and popsicles.</p> <p><b>AVOID red or purple food coloring.</b></p> <p><b>NO SOLID FOODS</b></p> <p>If you are diabetic and experiencing symptoms of low blood sugar, you may take small sips of white grape juice.</p> <p>Mix the Miralax and Gatorade together then place in the refrigerator to chill.</p>	<p><b>5:00pm THE DAY BEFORE PROCEDURE -</b></p> <p>Take 4 Dulcolax tablets</p> <p>You may continue to drink clear liquids to maintain hydration.</p> <p>Alcohol-free baby wipes or Vaseline may help ease skin irritation. Over the counter hydrocortisone creams or Tucks may be used if desired.</p> <p><b>7:00pm THE DAY BEFORE PROCEDURE –</b></p> <p>Begin drinking your solution. Drink 8 ounce glass every 15 minutes until half (32 oz) of the solution is consumed.</p> <p>You may continue to drink clear liquids to maintain hydration.</p>	<p><b>6 HOURS BEFORE PROCEDURE – Time: _____</b></p> <p>Drink the remainder of your solution. Drink an 8 oz glass every 15 minutes until the solution is completed.</p> <p><b>THE MORNING OF YOUR PROCEDURE:</b></p> <p>You should <b>only</b> take blood pressure, heart, thyroid and/or seizure medications with a <b>SMALL SIP</b> of water.</p> <p><b>4 HOURS BEFORE PROCEDURE – Time: _____</b></p> <p><b>Your prep must be completed 4 hours prior to your scheduled procedure. STOP drinking ALL liquids including water. Anesthesia may cancel your procedure, if you have had ANY liquids within 4 hours before your procedure.</b></p> <p><b>If you are diabetic:</b> Do NOT take oral medication or insulin the morning of the procedure. However, if you are on an insulin pump, continue the basal rate only.</p> <p><b>Reminders:</b>  <b>No smoking prior to anesthesia on the day of your procedure.</b>  <b>Please bring a list of all your current medications, including any allergy or over-the-counter medications.</b>  <b>Bring your current insurance card.</b>  <b>Please wear comfortable, loose fitting clothing that is easy to step into.</b>  <b>Please leave all jewelry and valuables at home.</b>  <b>After your procedure is completed, you will NOT be able to drive, make any business decisions or perform any potentially risky work duties, so please plan accordingly.</b>  <b>If you have any questions or problems, please call us at 912-303-4200.</b></p>
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